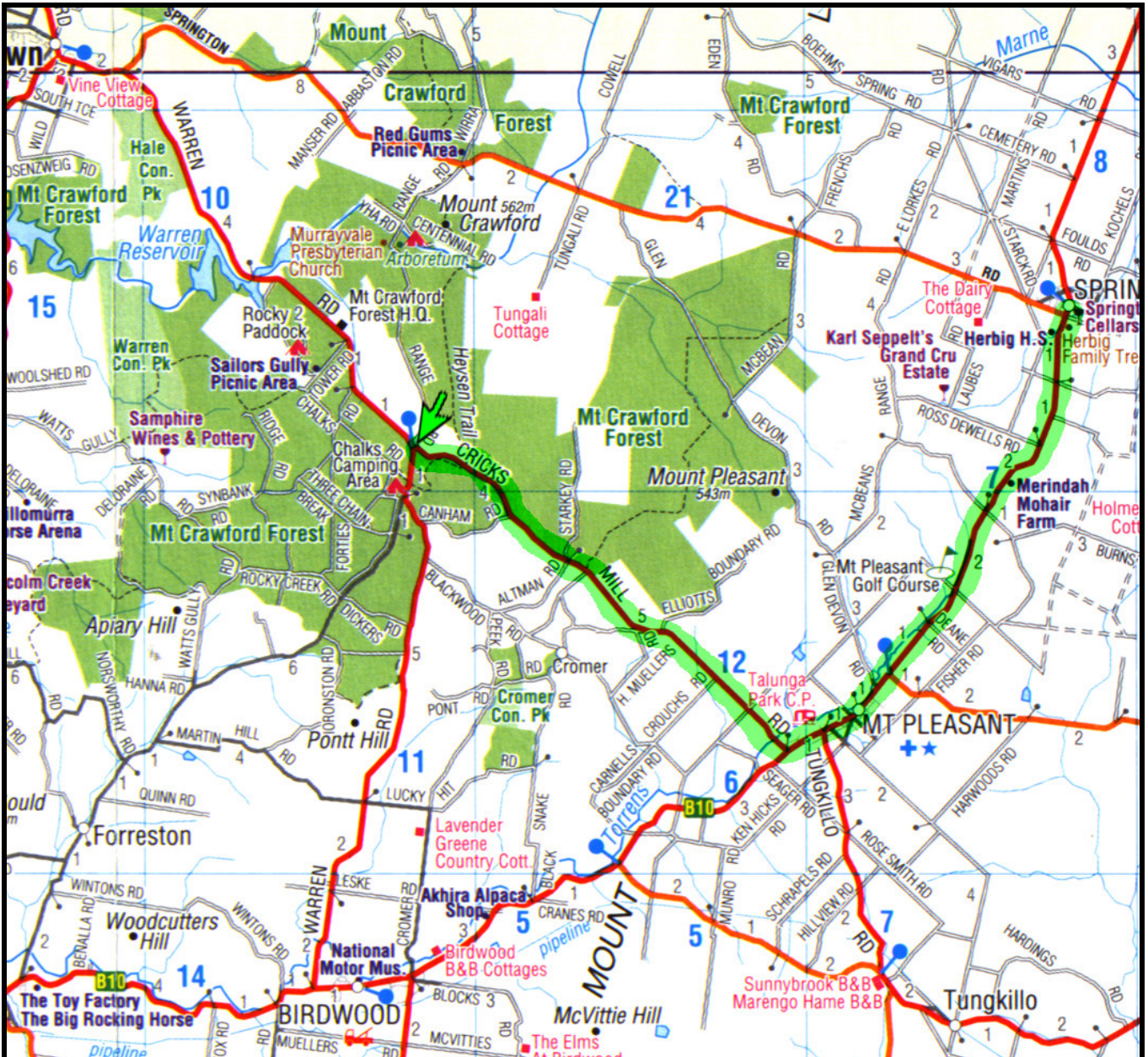


## The PACC mapping project: Mt Crawford (Springton)



Mt. Crawford—Springton.

A 40km return trip, this is quite a challenging course. The first 10km from the T-junction to Mt. Pleasant is mostly rolling terrain which flattens out as road turns north-east. A long, fast descent into Springton tests the brakes as the favorite turn-around point is at the bottom. Climbing out of the valley towards Mt. Pleasant is often where lighter riders put pain and time into the heavier ones. The finish is a gentle downhill sweeping corner run of some 2km that allows sprinters time to recuperate and position themselves for a final effort.

Approx. 1hr 10 mins travel time from Adelaide GPO.